

An Evening to Savor celebrates Family

This year, Family Service's signature fundraising event *An Evening to Savor* raised more than \$100,000 for *Friends of the Children* and School-Based Services. The event was held on Tuesday, May 3 overlooking the city at Drees Pavilion in Devou Park and the theme of the event was *The Gift of Family*.

A new feature to the event was the *Gift of Family* Raffle. Raffle packages focused on family activities and provided guests with a chance to win a three-year lease on a Toyota Sienna LE Minivan, use of a 12-person vacation home in Park City, Utah, sports tickets and autographed memorabilia, jewelry, a family portrait and more.

Catering was provided by Jeff Thomas Catering. Committee members were Mary Kay Delgado, Doug Formby, Arlene Katz, Barri Mapes, Jill McGruder, Ellen Miller and Pete Williams.

Western & Southern Financial Group was the presenting sponsor. Additional sponsors were American Financial Group, Inc., Convergys Corporation, Toyota, Ohio National Financial Services, Bank One, Cincinnati Bell, Corporex, Time Warner Telecom, US Bank, Fifth Third Bank, Richards Electric Supply Co., Inc., Ann W. & Peter Williams Family Fund, Bartlett & Company, Bob Sumerel Tire & Service, Cross & Associates, Midland Company, Promark Company/oi Partners, Inc., Riverpoint Capital Management, and Taft, Stettinius & Hollister, LLP.



Clockwise, Top: Nancy Westerhaus enjoys one of *The Gift of Family* Raffle prizes. Middle: Jennifer Sullivan, staff member, discusses *Friends of the Children* with *Friends* Advisory Committee Members Patsy and Bill Carruthers. Bill also serves on the Family Service board. Bottom right: Board members Jill McGruder and Ellen Miller served on the ETS committee.



Family Service receives an unexpected gift!

George Joseph of Joseph Toyota won a three-year lease on the Toyota Sienna Minivan at the event and donated the prize back to Family Service! A special thanks to Mr. Joseph!

Dollar General awards IFRC with grant

Dollar General awarded Family Service's International Family Resource Center with a \$10,000 grant. The funds will be used to provide a special literacy class for immigrants and refugees who lack reading or writing skills in their native language.

These IFRC students were often denied educational opportunities in their country of origin, including women from Afghanistan and Somalia who have received no formal education.

"Students who are literate in English are more likely to find employment and reach self-sufficiency," said Naomi Sims-Satterwhite, IFRC program director. "This class will help maximize opportunities for them."

IFRC provides English classes, employment services, citizenship classes, interpretation and translation services and other resources to immigrants, refugees and foreign visitors to the United States.

Did you see *Friends of the Children* in the *Enquirer*?

The *Enquirer's* editorial section featured an article about *Friends of the Children* over the summer. The article focused on child anger and recognizes that the Family Service program served to diffuse anger in children, a growing concern that is receiving national attention.

Friends is a revolutionary program that provides our area's highest-risk kids—the children that other programs are unable to touch—with a paid, professional mentor that spends a minimum of four hours each week with each child.

If you would like a copy of the article, please contact our public relations office at 513-354-5619.

Lift your Spirits

inspiring stories
from Family Service Staff

Hope, by Kelly Clasgens

Kelly Clasgens is a therapist and the coordinator of Boone County Services at Family Service. To find out more about PCIT, please call 513-345-8555.

I am working with foster parents who are in the process of receiving permanent custody of three children under the age of six. The foster parents already have two teenage boys of their own. They decided to take on the responsibility of these three children after a distant family member lost custody due to repeated abuse and neglect allegations.

When the children were placed in the foster parent's home, the children had lice and stained clothing. The children would wet and soil themselves at home and school. Their behavior was difficult to manage. The foster parents reported feeling like they were not skilled to deal with such behavior because they did not have these problems raising their own two children.

The foster parents heard about Family Service's Parent Child Interaction Therapy (PCIT), an evidenced-based therapy program, from their social worker. Prior to coming to Family Service, their biological children were making excuses to stay with friends because it was hard for them to be at their home due to the changes and challenging behaviors (hitting, temper tantrums) of the three foster children.

As both of the foster parents learned and applied the concepts of PCIT, the children's behavior changed. The biological children even commented to their parents that they felt better about coming home because the house was calm again.

One of the foster children was recognized as student of the month at school and teachers began praising the foster parents for the changes. The child is now able to go on field trips with the rest of her class.

One of the children said that she, "loves coming to 'special playtime,'" and her siblings perceive it as a fun thing to do.

The foster parents stated that PCIT has changed their lives.

Learn more about PCIT on page 4



Donor Spotlight: Rodger and Ellen Miller



The Millers have been Family Service donors for 10 years. Ellen serves on the Family Service Board and the *Evening to Savor* Committee.

Why do you give to Family Service?

Family Service touches the lives of people in our community. Individuals, children and families come here to find solutions to the challenges in their lives. As a result, the work of Family Service makes our community stronger.

Which program do you connect with most?

Friends of the Children. My children and grandchildren are very lucky to have had their basic needs met. My wish is that all children in Cincinnati can be as fortunate. Through *Friends*, at-risk children have that chance.

What image comes to mind when you think of Family Service?

A happy and safe environment for children.

Belterra Golf Classic a success for at-risk kids

The third annual *Friends of the Children* Belterra Golf Classic took place June 6.

More than 140 golfers joined local celebrities to raise money for the *Friends of the Children* program while playing one of the best courses in the area.



Winners of the 2005 Belterra Golf Classic: Scott Coate, Todd Curless, Kerry Coombs, Steve Bernat and Dan Oehler.

After playing the 18-hole golf scramble, golfers enjoyed a silent auction and dinner. Jim Scott of 700 WLW served as master of ceremonies and Coach Kerry Coombs of Colerain High School's championship football team spoke to the group about the importance of programs like *Friends of the Children*. Coach Comb's team also won the golf scramble.

Convergys Corporation was the presenting sponsor. Additional sponsors of the event were Western & Southern Financial Group, Toyota, Ohio National Financial Services, Shell, Pennzoil and Quaker State Oil Companies, Anthem BCBS, Otto Printing and Entertainment Graphics, BP and Castrol, 1360 Homer, Belterra Golf Club, Oil Distributing Company, Bank One, Cincinnati Bell, Corporex, Time Warner Telecom, US Bank, Fifth Third Bank, Richards Electric Supply Co., Inc., Ann W. & Peter Williams Family Fund, Bartlett & Company, Bob Sumerel Tire & Service, Cross & Associates, Midland Company, Promark Company oi Partners, Inc., Riverpoint Capital Management, and Taft, Stettinius & Hollister, LLP.



Carruthers

Two Join Family Service Board



Dehan

Family Service welcomes two new board members to its operating board: Bill Carruthers and Paula Dehan.

Bill Carruthers of Hyde Park, is the retired vice president of human resources at the Health Alliance. He also serves on the advisory board for the Dan Beard Council of the Boy Scouts. His father was previously the chairman of Family Service's board.

Paula Dehan of Kenwood, is an attorney with Taft, Stettinius & Hollister LLP. She is a member of the Professional Women's Resource Group and St. Vincent Ferrer Church.

Look for the Better Business Bureau Wise Giving Logo.

Family Service is recognized by the BBB as meeting the BBB's Standards for Charity Accountability that encourage fair and honest solicitation practices and promote ethical conduct by charitable organizations.



Read about PCIT, the new therapy featured in the *Lift your Spirits* column

Parent Child Interaction Therapy (PCIT) is a new evidence-based therapy provided at four Family Service locations. The model is designed to help parents whose children are exhibiting challenging behavior, like stealing or fighting. Here are some basic questions and answers about PCIT.

What is PCIT?

PCIT was designed for any family that is experiencing stress due to a child's behavior. It's a therapy model that is backed by 20 years of research and includes a coaching component. Therapists were trained by Cincinnati Children's Medical Center.

Which children can benefit from PCIT?

PCIT is for children ages two to 12 that exhibit some of the following behaviors: have difficulty staying seated, playing quietly or taking turns; refuse/defy adult requests; lose temper easily; annoy others on purpose; steal things; destroy things; and starts fights/hurts others.

What do parents learn?

Parents learn to use effective directions and techniques as they play with their child. Discipline skills are also taught, but because it happens during play, it's fun.

What is the commitment?

There are 12-14 sessions with five to 10 minutes of practice each day at home.

For more information about PCIT, please call 513-345-8555.

- Family Service Programs
- Clinical Programs
- Anger Management
- Clinical counseling for families, children, individuals
- Children's Treatment Team
- Co-Dependency Workshops
- Impact Program (NKY)
- Parent Child Interaction Therapy
- Sex Abuse Treatment
- Sex Abuse Therapy Groups
- Substance Abuse Treatment
- Employee Assistance Resource Network
- Professional counseling for employees of contracted companies
- Critical Incident Stress seminars
- Workplace seminars on popular topics
- Friends of the Children*
- International Family Resource Center
- Citizenship Education
- Employment Counseling
- English for Speakers of Other Languages
- Immigration Counseling
- Life in the USA
- Language Bank
- Multicultural Information Services
- Social Services
- Spanish Classes
- Life Skills Education
- At-Risk Juvenile Program (NKY)
- Every Child Succeeds
- Independent Living for Foster Teens
- Kid Power
- Options for Youth
- Parent Education for Homeless Families
- Parent Power
- Positive Parenting & Responsible Parenting
- Raising Great Kids
- Retired and Senior Volunteer Program
- (RSVP)
- School-to-Work (NKY)
- School-Based Services
- Crisis Intervention/Prevention
- Social service coordination
- Safe and Drug Free Schools (NKY)
- School Attendance Program for truant youth

Mission: To help families and individuals successfully manage the challenges of daily life, and to help them achieve occupational, educational and emotional success
President: Arlene T. Herman **Board Chair:** Fred Heyse
Family Focus is published twice a year by Family Service to inform the community about the agency's activities, programs and people. We welcome readers' comments and inquiries, and invite them to call us at (513) 354-5619.

Address service requested

205 W. Fourth Street Suite 200

Cincinnati, OH 45202



Family Focus

Fall 2005
A newsletter for friends of Family Service

Cincinnati Bell volunteers paint *Friends Place*, plant a flower and vegetable garden

Friends Place had a much needed update thanks to Cincinnati Bell employees.

On Saturday, June 4, 18 Cincinnati Bell employees painted and planted a flower and a vegetable garden at *Friends Place*, the home of *Friends of the Children*. The Cincinnati Bell Pioneer program provides employee volunteers to help nonprofit organizations.

The volunteers used 10 gallons of blue, yellow and green paint to spruce up the walls of the family room and kitchen. With help from some of the children, volunteers planted flowers and seeds for vegetables. By the end of the summer, the children will be able to pick corn, tomatoes, watermelon, cucumbers and honeydew melons.

"We are indebted to these volunteers for their work to improve *Friends Place*. Thanks especially to the coordinator of the project, Brian Andrews and former Family Service board member Roger Rosenberger for their support of the *Friends* program," said Barbara Manuel, *Friends of the Children* program director.

The *Friends of the Children* Advisory Committee also receives a round of applause for purchasing the paint needed to complete the project.



Top: Cincinnati Bell staff volunteered their time to spruce up *Friends Place* during Pioneer Day. Bottom: Jackie Rosenberger plants vegetables with one of the children in the *Friends* program.

In this issue...

An Evening to Savor
Page 2

An innovative therapy debuts
Page 4

Dollar General awards grant to IFRC
Page 2

George Joseph donates prize
Page 2

Donor spotlight
Page 3

Family Service welcomes new board members
Page 4

Friends of the Children Belterra Golf Classic
Page 3

Lift your spirits column
Page 3

Foundation for Family Service Endowment Campaign reaches \$500,000 goal

The Foundation for Family Service reached a \$500,000 endowment campaign goal in celebration of Family Service's 125th anniversary. The agency began as Associated Charities in 1879.

"Long-term income generated from the endowment will help provide critical services to at-risk children and families well into the future," said Mr. Joseph Head, Endowment Campaign Chair.

Three local companies, Western & Southern Financial Group, Convergys and US Bank anchored the campaign with significant contributions. The

campaign was also assisted with generous donations honoring Jean Leach, who began her social work career at Family Service in 1933 and—while retiring in 1978—has continued to stay involved with the agency.

"There was overwhelming support from both individuals and local corporations," said Mr. Edward Diller, Foundation Board President. "Reaching our goal reaffirms Greater Cincinnati's commitment to helping vulnerable children and their families. We deeply appreciate the generosity and support of all our donors."