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# Anniversary Campaign Raises Endowment Fund

The Foundation for Family Service, the board directed with expanding Family Service's endowment fund, is marking the agency's 125th anniversary year with a campaign to increase the agency's financial stability by enlarging the fund.

So far this year, the Foundation's first public endowment campaign has raised \$277,450 through corporate and individual donations and pledges, with lead corporate gifts by Convergys Corp., Western & Southern Financial Group, and U.S. Bank.

"Endowment is critical to the success of an agency," said Sr. Jean Patrice Harrington, former president of Mt. St. Joseph College and a member of the Foundation for Family Service. "Agencies that go under are the ones who don't have an endowment fund." Arlene T. Herman, president of Family Service, said the agency's longevity—it was founded in 1879 as Associated Charities speaks to the quality of service Family Service has offered in the past 125 years.

"It's been an exciting year," Herman said. "The community has trusted us with the welfare of its people. The support we receive tells us that there still is an impotant role for social services to play."

(continued on page 3)



• Family Service President Arlene Herman and Foundation For Family Service Chair Ed Diller presented thank-you gifts to representatives from Convergys Corp., Western and Southern Financial Group, and U.S. Bank for their companies' support of Family Service's 125th anniversary endowment campaign. At top are Herman and Diller with Jim Schwab of U.S. Bank; at left, with Dick Taulbee and Ed Babbitt of Western and Southern Financial Group; and at right with Convergys Corp. CEO Jim Orr.

### **Court Program Works with Girls, Families**

Adolescent girls in the Hamilton County juvenile justice system will have Family Service counselors as allies as they work to give their lives a positive turn.

The Hamilton County Juvenile Court has selected Family Service to begin a 12-week program to help adolescent girls and their families develop and sustain positive changes in their lives. The girls referred to this program are likely to become involved in the juvenile court system because of incorrigibility or because they have run away repeatedly. They do not often respond well to traditional methods used with boys. In Empowering Girls and Their Families, a Family Service counselor and paraprofessional will work with the girls to improve academic performance and promote positive peer relationships and activities for the girls. The girls' families also will be involved to help build parenting skills and positive relationships among family members, and to develop support systems for the entire family. The program is flexible to best meet the needs of each girl and her family.

The program will begin working with girls in July, and is designed to serve from 10 to 18 families each year.

## Attitude is Everything

ging gracefully is a matter of attitude, said Elizabeth Gothelf, assistant director of geriatric medicine at University Hospital.

Summer 2004



The new RSVP Steering Committee: John Lomax, Bob Steinman, Gretchen Dinerman, Page Williams, Vickie Brown, Mike Dutle, Nancy Tanner, Tom Welch and Carol Greiser.

Gothelf, speaking at the RSVP volunteer luncheon in April, shared her keys to aging well, which include good health, an active community and social life, flexibility, selfrespect, and a positive outlook.

The members of RSVP already are staying active and involved, she said, which helps maintain a positive outlook and helps people better cope with change. Dealing with change, Gothelf said, is the most difficult part of aging. The challenge to aging well with flexibility, she said, means we will say "I think I'll give that a go," instead of "I can't do that."

A support system of friends and family helps not only with the inevitable changes in life, she said, but also with maintaining a positive attitude. A support system should consist of as many people as possible, and in a variety of ages.

She urged the audience to face changes head on, whether they be death, moving, retirement, or other changes. Take the time to grieve as needed, but keep a focus on the present and future.

"Feelings buried alive never die," Gothelf said. "Talk about them with a support system you have, and move on. The past is important, because it helps you place value on the life you have led. But those who don't age well live with regret. Otherwise you won't be able to learn anything new or learn to be with new people."

And never stop learning, she said. Take a class, join a group, or teach yourself a new skill.

"A lot of people have the idea that when you turn 65 you're ready for the rocking chair," Gothelf said. "You just can't, can't, can't."

# AN EVENING TO SAVOR **Highlights**

125 YEARS OF SERVING FAMILIES

amily Service's 125 years of helping families under stress was the focus of An L Evening To Savor April 20 at The Phoenix. Honorary co-chairs for the event, which raised money for Friends of the Children and the School Attendance Programs, were John Barrett and Jill McGruder.

A video presentation highlighted the history and impact of Family Service. "Celebration" was researched, produced and narrated by local historian Dan Hurley. Also featured was an exhibit of photographs taken by renowned photographer and former Family Service employee, the late Daniel J. Ransohoff.

The Convergys Corp. was the presenting sponsor for the event. Additional sponsors were: Western & Southern Financial Group, Gold



## **125 Years of Success**

Family Service, along with its predecessor, Associated Charities, has a rich history of working to ease the plight of families undergoing stresses of finances, health, grief, transition, lack of education, and isolation. Over the years, the agency also was at the forefront of the evolution of social work and counseling practices in the community. Associated Charities was instrumental in forming the Community Chest (later the United Way) in 1915, was the forerunner of the American Red Cross, and helped develop and staff Hamilton County's public welfare department when the need for financial relief escalated during the Great Depression.

Following are several of Family Service's success stories from the past 125 years:

1893: The T. family borrowed \$15 from a loan company, and agreed to repay the loan at \$2 a week for 12 weeks. Within

Sponsor; American Financial Group Inc., Ohio National Financial Services, and U.S. Bank, Silver Sponsors; Corporex, Bronze Sponsor; Federated Department Stores, Key Bank

and Gradison McDonald Financial Group, Provident Bank and Richards Electric Supply, Hallmark Sponsors; and ILSCO, Rick Norton Photography, AC NielsenBASES, Bartlett & Co., Bob Sumerel Tire Co., Cross & Associates, Frisch's Restaurants, Hixson Architecture Engineering Interiors, Keating, Muething & Klekamp, LaRosa's, The Midland Co., Riverpoint Capital Management, Taft, Stettinius and Hollister, Toyota Motor Manufacturing, and the Ann W. and Peter Williams Family Fund.

> Left: Those attending the event looked over photographs by Daniel J. Ransohoff, whose ork depicted the living conditions of some of Greater Cincinnati's poorest residents

Right: Betty Goldsmith, a 50-year volunteer for Family Service, a form board chair and current member of the Foundation for Family Service, and Iean Leach, a 33-year staff member extraordinaire who contini to have a private practice today, talk with William Hopple, whose family was involved with Associated Charities in its early years. The Hopples' commitment continues with his wife, Phyllis, who served on the oard for several years

those 12 weeks. Mr. T. lost his job, and the

the family to repay the loan with smaller

to the staff at Associated Charities in 1910,

cooking the same food in various ways and by

utilizing the scraps...teaching her how to buy

and what to buy. She shows them how to make

old ones. She has helped them bridge over the

chasm between dependency and self-support."

after the death of his wife. He struggled with a

succession of housekeepers, but the continuous

family. He appealed to Family Service for help.

Family Service assigned a homemaker to the

turnover placed a great deal of stress on the

**1966:** A father was left with six children

"teaches the housewife...how to save by

new garments or to repair and make over

amounts over a longer period of time.

loan company threatened to take the family's

furniture and personal belongings. Associated

Charities bought the family's loan, and allowed

1910: The professional housekeeper, added



Pictured with Daniel J. Ransohoff's photos are: Family Service Chairman Fred Heyse; President Arlene Herman; past Chair Jill McGruder; Foundation for Family Service board member Joseph Head; and Foundation Chair Ed Diller



Historian Dan Hurley with his wife Karer





Evening to Savor 2004 Committee: Joan Crowe, Barri Mapes, Patty Misrach, Connie Harris and Ellen Miller

family as a short-term measure to keep the family together.

2003: A woman discovered her husband had an extramarital relationship. She came to Family Service feeling hurt, angry, and depressed. A Family Service counselor helped her get beyond the crisis and reclaim her selfconfidence. The couple learned positive ways to resolve their problems. "Our marriage is better than it's ever been."

# **Did You Know?**

- Associated Charities began through efforts of the Women's Christian Association of Cincinnati for "the improvement of social conditions through the organization and extension of benevolent forces in Cincinnati."
- The floods of 1883 and 1884 underscored Associated Charities' belief that charitable giving and disbursement should be wellorganized and continuous.
- The agency founded the Provident Coal Company in 1885, which purchased coal in the summer when the price was low, and sold it at cost to needy families during the winter.
- The Fresh Air Fund raised money to send urban children to Clermont County for two weeks in the country.
- The agency established numerous work opportunities for its clients, hoping to provide relief and abolish poverty through employment and training. Some employment opportunities for men included a wood yard, where men were paid a nickel an hour, in tickets to be exchanged for
- food or lodging, to split wood; a labor yard, a stone quarry, and a wrecking service. Women also exchanged work for food.
- At the turn of the 20th century, Associated Charities was instrumental in lobbying for **building codes and** housing reform to battle the deplorable conditions of the tenement housing throughout the city.
- Associated Charities lobbied for standards concerning the safety and purity of milk.
- Associated Charities became Family Service of Cincinnati and Hamilton **County** in 1945, and Family Service of the Cincinnati Area in 1960.
- World War II forced an entirely different set of difficulties upon families, including child care issues when women went to work in defense plants and women who were frightened to live their lives alone after their husbands went into the service. Income shifts, higher costs of living, emotional tension and population shifts contributed to the stresses within families.

amily Service's second annual golf outing to benefit Friends of the Children took place June 14 at Belterra Golf Club. More than 110 golfers enjoyed the beautiful weather and challenging course to raise money for at-risk children. After playing the 18hole scramble, golfers

enjoyed dinner, a silent auction, and a live auction with Hamilton County Auditor Dusty Rhodes as auctioneer and Jim Scott of WLW-AM as master of ceremonies. Golfers also heard first hand, from a mother of a child involved in Friends of the Children, how much the program means to the children and their families.

Sponsors for the event included Western & Southern Financial Group, Belterra Golf Club, Oil Distributing Co., Otto Printing, Robke Chevrolet, Anthem, Convergys, CB Richard Ellis, Fifth Third Bank, U.S. Bank, Herman Miller, 1360 Homer, and Shell, Pennzoil and Quaker State oil companies.

# Golfers tee off for kids



## Luncheon honors families' involvement

escendants of Associated Charities' and Family Service's board members and employees took part in a Legacy Recognition Luncheon in April, which honored those individuals and families who share some of the agency's history.

Invited guests included family members of the men and women who guided Associated Charities and Family Service through the years. The families include prominent and familiar names, such as Seasongood, Taft, Schmidlapp, Longworth and Lunkenheimer.

Dan Hurley, a social historian and the guest speaker, told the group about the circumstances leading to the agency's founding, and how it developed to use both volunteers and trained social workers to help families through tough times. Hurley used stories from Family Service archives to illustrate how the ancestors of those in the room helped shape social services into what they are today.

More than 45 people attended the luncheon and reconnected with their ancestors' service to Cincinnati area families. The luncheon was hosted by Betty Goldsmith.

• Winners of the 2004 Belterra Golf Classic: Bob Hendor John Rathkamp Marc Baverman and Joe Marauet

#### **Endowment** (cont. from page 1)

In 1891, Associated Charities' board was determined to build the agency's reserves, and established the Golden Book Fund. Mr. J.G. Schmidlapp offered to start the fund by contributing \$250. Later that year, the agency's endowment fund was started with a gift of \$1,000 by Mrs. Catherine L. Anderson, daughter of Nicholas Longworth.

For information about the endowment fund or planned giving options, call (513) 354-5630.



 Descendants of Jacob G. Schmidlapp, a long-time boardmember whose signature appears on the incorporation papers for Associated Charities in 1894, are: seated, Clarinda Schmidlapp; standing, Jean Schmidlapp Clipson, Victoria Kurtz, Cindy Tinkham, and Elizabeth Thomas.



Mrs. Mark Upson points to a newpaper clipping of herself when she was involved in an Associated Charities fundraiser in the 1950s.

#### Three Join Family **Service** Board



• Top: Ted Bushelman, Bottom left: Patrick Hughes, Bottom right: Ellen Miller

amily Service welcomed three new members to its operating board at its April annual meeting: Ted Bushelman, Patrick Hughes and Ellen Miller.

Ted Bushelman, of Florence, is the director of communications at the Cincinnati/Northern Kentucky International Airport. He is a member of the Florence city council, is president-elect of the Boone County Businessmen, and is a

member of the board of the Northern Kentucky Chamber of Commerce.

Patrick Hughes, of Fort Mitchell, is an attorney and partner at Deters, Benzinger and LaVelle PSC in Crestview Hills. He serves on the boards of Senior Services of Northern Kentucky, Covington Latin School, and the Kenton County Library Foundation.

Ellen Miller of Hyde Park is a long-time volunteer at Family Service and has been instrumental in the success of An Evening To Savor, the agency's annual fundraising dinner.

#### Foundation Board Welcomes New Members

The Foundation for Family Service welcomes two new members to its board of trustees: Jill McGruder and Paul Kitzmiller. McGruder is the immediate past president of the Family Service board of trustees; Kitzmiller also is a member of the agency's operating board. Retiring from the Foundation board are Charles Mecham Jr. and Bill Butler.

#### **Summer Programs Help At-Risk Kids**

The summer program at Holly Hill Elementary School in Amelia, in its third year, has received positive feedback from school administrators and teachers, and parents and students alike.

The eight children in the program are in fourth and fifth grades, and had been identified by the teachers as needing extra help with academic, emotional, and social skills. This year, the children learned coping and social skills, worked on building self-esteem, and practiced problem solving and strategy skills by learning to play chess. They learned world cultures and geography by sampling international foods.

"The children became more social in the three weeks," said intern Penny Brown, who coordinated the Holly Hill program. "Many were more reserved in the beginning. They also seemed more willing to try new things, like playing chess or trying new foods."

Northern Kentucky's Adventures in Motion is a therapeutic summer program designed for children 8 to 14 in the IMPACT and IMPACT Plus programs. The summer activities give a structured environment including therapy groups, field trips, and other activities to help them maintain and acquire positive social skills.

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Language Bank

Legal reterrals

Child care referrals

Immigration Counseling

Employment Counseling

Friends of the Children

Management consultation

Women's Therapy Groups

Substance Abuse Treatment

Sex Abuse Therapy Groups

Co-Dependency Workshops

Children's Treatment Team

children, individuals

Clinical counseling for families,

Sex Abuse Treatment

Anger Management Clinical Programs

Impact Program (N.Ky.)

Citizenship Education

English for Speakers of Other Languages

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Workplace seminars on popular topics

Professional counseling for employees of

Employee Assistance Resource Network

Critical Incident Stress seminars contracted companies

email address. email Jean Kowalski with your to receive Family Focus via email, please and let her know. If, in the future you wish gro.lismeri@ialslewoalj at jkowalski@fsmail.org Family Focus, please call Jean Kowalski at "Opt Out or e-in"

School Attendance Program for truant youth Safe and Drug Free Schools (N.Ky.) Social service coordination Crisis Intervention/Prevention School-Based Services

School-to-Work (N.Ky.) Retired and Senior Volunteer Program (RSVP) Raising Great Kids Positive Parenting & Responsible Parenting Parent Power Parent Education for Homeless Families Options for Youth Kid Power Independent Living for Foster Teens Every Child Succeeds At-Risk Juvenile Program (N.Ky.) Life Skills Education

Spanish Classes Social Services

Multicultural Information Services

Family Service Programs and inquiries, and invite them to call us at (513)354-5630.

about the agency's activities, programs and people. We welcome readers' comments Family Focus is published twice a year by Family Service to inform the community

Editor: Jean Kowalski Board Chair: Fred Heyse President: Arlene T. Herman

www.servingtamilies.org

Mission: Helping families successfully manage the challenges of daily life.



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